Parents as Teachers

PAT aims to increase parent knowledge of early childhood development, improve parenting practices, provide early detection of developmental delays and health issues, increase children’s school readiness and school success, and prevent child abuse and neglect. The four components of the model (home visits, group connections, child screenings, and resource network) all focus on parent-child interaction, development-centered parenting, and family well-being. See [www.parentsasteachers.org](http://www.parentsasteachers.org) for details.

### What is the model's approach to providing home visiting services?

Home visits take place based on a family’s level of need. Families with one or fewer high-needs characteristics receive at least 12 visits each year. Those with two or more characteristics receive at least 24 visits each year. Programs are designed to deliver services for at least 2 years. Families may enroll at any age through kindergarten, but PAT recommends families initiate services prenatally.

PAT serves all families with young children. Some local programs have specific eligibility requirements.

### Who is implementing the model?

**Home Visitors**

PAT was implemented by 5,561 home visitors in 2017. Most home visitors (72 percent) have a bachelor’s degree or higher. The model requires a high school diploma or GED plus 2 years of experience working with young children and/or parents for home visitors. Home visitors typically maintain a caseload of 15 to 22 families, depending on the families’ level of need.

**Supervisors**

PAT was implemented by 788 full-time equivalent (FTE) supervisors in 2017. The model recommends a bachelor’s or master’s degree and 5 years of experience working with young children and families for supervisors.

### Where is the model implemented?

PAT operated in 1,242 local agencies across 49 states and the District of Columbia in 2017. PAT also operated outside the United States and its territories in Canada, Germany, Switzerland, and the United Kingdom in 2017.

---

The NHVRC is led by James Bell Associates in partnership with the Urban Institute. Support is provided by the Heising-Simons Foundation and the Robert Wood Johnson Foundation. The views expressed here do not necessarily reflect the views of the foundations. For details about the methodology, see the 2018 Home Visiting Yearbook.

[www.nhvrc.org](http://www.nhvrc.org)
## Parents as Teachers

Families Served Through Evidence-Based Home Visiting in 2017

**1,208,228** home visits provided

**120,310** families served

**145,808** children served

### Race and ethnicity

- **5%** American Indian/Alaska Native
- **2%** Asian
- **17%** Black
- **<1%** Native Hawaiian/Pacific Islander
- **60%** White

### Caregiver education

- **21%** No HS diploma
- **79%** HS diploma or higher

### Household income

- **61%** Low-income status
- **39%** Not low-income status

### Child age

- **25%** < 1 year
- **29%** 1-2 years
- **46%** 3-5 years

### Languages spoken in the home

- **71%** English
- **20%** Spanish
- **5%** Other

### Caregiver age

- **9%** ≤ 21 years

### Child insurance status

- **3%** None

---

**Note**: Percentages may not add up to 100 due to rounding. Participants may select more than one language spoken in the home. Data from international programs are not presented in this profile.