MODEL PROFILE

MINDING THE BABY

Minding the Baby supports reflective parenting, secure attachment, maternal and child health and mental health, and self-efficacy using an interdisciplinary approach with first-time young mothers and their families. The model pairs a social worker with a nurse practitioner to support a family’s development together.

What is the model’s approach to providing home visiting services?

Home visits take place weekly until the child turns 1 year old, then every other week until the child turns 2 years old. The frequency may vary based on a family’s level of need or in times of crisis. Services are provided for 27 months (prenatally until the child is 2 years old). Minding the Baby requires families to initiate services prenatally.

Minding the Baby’s target population includes the following:

- Expectant mothers
- Low-income families
- First-time mothers or first-time parents
- Teenage mothers or teenage parents
- Families with history of child abuse or neglect/involvement with child welfare system

Who is implementing the model?

Home Visitors

Minding the Baby employed four full-time home visitors in 2015. The model recommends a master’s degree for home visitors. The maximum caseload requirement for home visitors is 25 families.

Supervisors

Minding the Baby requires a master’s degree for supervisors; a doctoral degree is recommended.

Where is the model implemented?


The NHVRC is led by James Bell Associates in partnership with the Urban Institute. Support is provided by the Heising-Simons Foundation and the Robert Wood Johnson Foundation. The views expressed here do not necessarily reflect the views of the foundations. For details about the methodology, see the 2017 Home Visiting Yearbook.