

## MODEL PROFILE

# Healthy Families America

HFA seeks to build and sustain community partnerships to systematically engage overburdened families in home visiting services prenatally or at birth. Additionally, the model aims to cultivate and strengthen nurturing parent-child relationships, promote healthy childhood growth and development, and enhance family functioning by reducing risk and building protective factors. See [www.healthyfamiliesamerica.org](http://www.healthyfamiliesamerica.org) for details.

### What is the model's approach to providing home visiting services?

Home visits take place based on a family's level of need. All families are offered weekly home visits for at least 6 months after the birth of the child. Family progress criteria are then used to determine a family's readiness to move to less frequent visits, starting with every other week, then monthly, and finally, quarterly. Services are provided for a duration of 3 to 5 years. HFA recommends families initiate services prenatally, if possible, but allows for families to enroll after the child is born. Programs are required to enroll at least 80 percent of families by the time the child is 3 months old.

Local programs define target populations based on community needs data. All families receive an initial risk assessment to tailor services to meet their specific needs.

### Who is implementing the model?

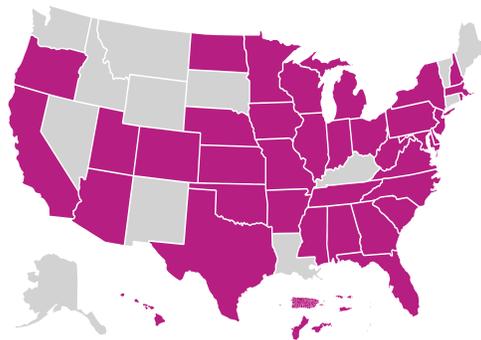
#### Home Visitors

HFA employed 2,930 home visitors in 2016. The model requires a high school diploma or bachelor's degree for home visitors depending on state or agency needs. The maximum caseload requirement for home visitors is 25 families.

#### Supervisors

HFA requires a master's degree or bachelor's degree plus 3 years of experience for supervisors.

### Where is the model implemented?



HFA operated in 577 local agencies across 37 states and the District of Columbia, American Samoa, Guam, the Northern Mariana Islands, Puerto Rico, and the Virgin Islands in 2016. HFA also operated outside the United States and its territories in Canada in 2016.

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**National Home Visiting  
Resource Center**  
[www.nhvrc.org](http://www.nhvrc.org)

MODEL PROFILE — HEALTHY FAMILIES AMERICA

Families Served Through Evidence-Based Home Visiting in 2016



891,869

home visits provided



65,635

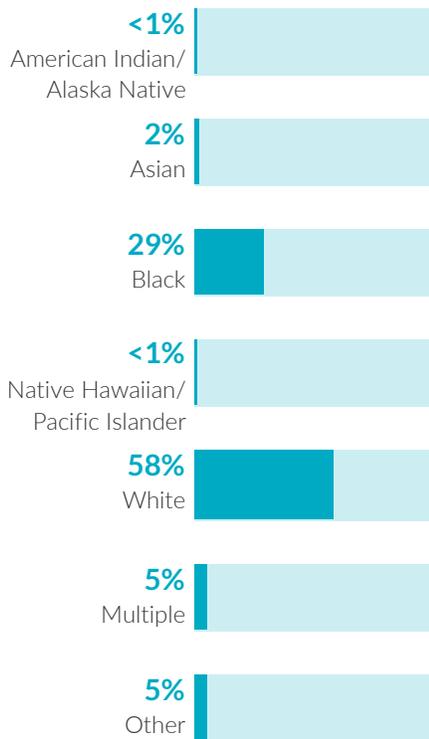
families served



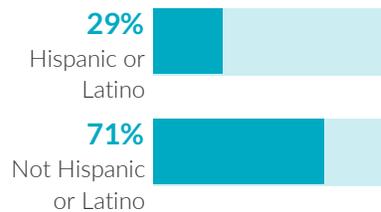
61,563

children served

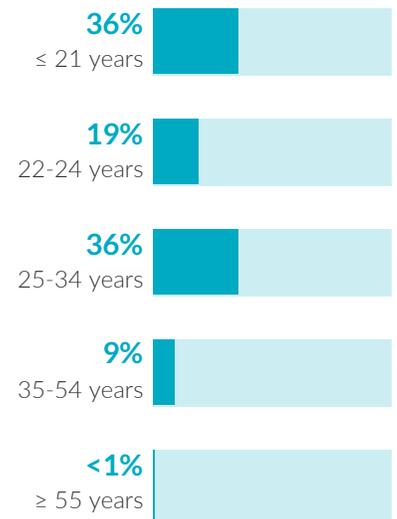
Race



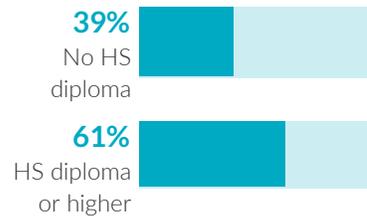
Ethnicity



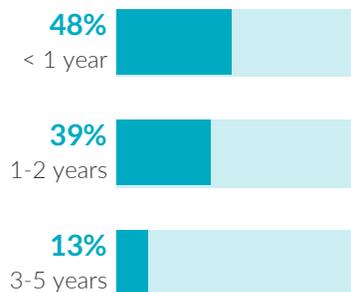
Caregiver age



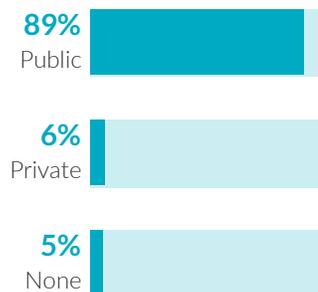
Caregiver education



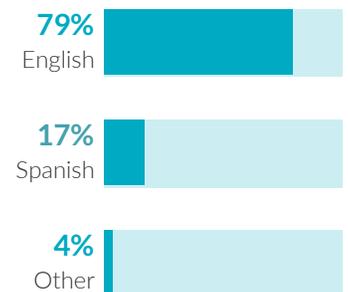
Child age



Child insurance status



Primary language



Note • Percentages may not add up to 100 due to rounding.